

FIVALI ADJUSTABLE ANKLE STABILIZER BRACE

Instructions for Use

Please read the donning instructions and warnings carefully prior to use. To ensure that the brace works properly, follow all instructions.

CARE & WASHING INSTRUCTIONS

- Before beginning prolonged use, consult with a healthcare professional or physiotherapist to ensur you're wearing the right type of brace for your specific needs and that you're wearing it correctly.
- Ensure that the ankle brace is of the appropriate size for your foot.
 A brace that's too tight can impede blood circulation, while one that's too loose might not offer sufficient support.
- Periodically inspect the brace for wear and tear. Stop wearing it if it starts to lose its shape, elasticity, or support.
- Regularly clean the brace to prevent skin irritations and to maintain its effectiveness.

WARNINGS

- Neoprene supports should not be worn by individuals prone to dermatitis or allergic to neoprene products.
- If you experience pain, swelling, skin irritation or any other adverse reaction while using this product, consult your healthcare professional immediately.



Fasten all the straps and put your foot through the ankle brace;



Adjust the elasticity according to your size;

3



According to your needs to adjust the X-shaped cross straps;



Adjust the position of the brace plates on both sides;

<u>5</u>



Adjust the tightening strength of the ring buckle according to the calf circumference;



Final application.

SINGLE USER ONLY