FIVALI
Back Brace For Posture Corrector

WEARING STEPS

① Cross shoulder straps through the belt loop on the back, then put your arms through the shoulder straps like wearing a vest.

② Wrap the waist with the waistband, then fix with the velcro tip.

③ Pull the two shoulder straps and adjust to your comfy tightness, then cross and fix them on the wide waistband.

④ Make your posture perfect, prevent strain, and maintain spinal health.

NOTE：

1.Please wear the back brace over a thin clothes instead of directly on your skin. In the case of skin irritation or any other discomfort stop wearing the brace.

2.Start by wearing the back support for 20-30 minutes. Then gradually increase it by 5-10 minutes. If you feel this does not cause you any discomfort, increase the wearing time to 1 hour. Do NOT wear the brace when sleeping.

3. Please be very aware that the information we provide about the products we sell is neither intended nor implied to be a substitute for professional medical advice. Always seek the advice of your physician or other qualified health provider/therapist before starting any new treatment or exercise regimen with any questions you may have regarding a medical condition.

MADE IN CHINA